**FOSFOMYCIN**

*fosfomycin tromethamine, fosfomycin calcium*

**Drug class:** Antibiotic

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<th>Availability</th>
<th>Brand name</th>
<th>Quick guide</th>
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<td>Sachet, powder for oral suspension 3 g</td>
<td>Monuril</td>
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<tr>
<td>Capsule 500 g</td>
<td>Fosfocina</td>
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**Warnings**

Fosfomycin should not be taken in its dry form.  

**Absorption**

The sachet and capsule contain different salts of fosfomycin and are not bioequivalent. The dosing is different for the two products.

**Other**

Available through the Special Access Scheme (SAS).

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**What to do for people with enteral feeding tubes**

**Powder for oral suspension**

Stop the feed and flush the tube with 30 mL of water.  
Disperse the powder in at least 90 mL of water.  
Draw into an oral dispenser and give into the enteral feeding tube.  
Flush the tube with 30 mL of water and restart the feed.  
There is no information available about dispersing the powder in a smaller volume.

**Capsule**

No information.  
If there are no other options, open the capsule and disperse the contents in 10–20 mL of water. See Method C for instructions.

**Recommended course of action:**

1. Disperse the powder or the contents of the capsule.  
2. Contact the prescriber to consider other options.

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**What to do for people with swallowing difficulties**

**Powder for oral suspension**

See **Warnings**.  
Disperse the powder in 120–150 mL of water.  
Check the thickness of the liquid as it may not be suitable for some people with swallowing difficulties.

**Capsule**

No information.  
If there are no other options, open the capsule and disperse the contents in 10–20 mL of water. See Method F for instructions.

**Recommended course of action:**

1. Disperse the powder or the contents of the capsule.  
2. If the person cannot swallow thin fluids, contact a pharmacist, medicines information service or the prescriber for advice.  
3. Contact the prescriber to consider other options.

**REFERENCES:**