From the Chair

Russell Levy

Welcome to our fourth and final edition of the SHPA NSW newsletter for the year.

It certainly has been a busy year which has seen the extraordinary efforts of our education team pay off delivering more CE events to our regional members and technicians than ever before. The content and range of CE offerings this year has also I am sure provided scope for everyone to find something to add to their CE learning objectives.

The Branch has continued its important engagement with pharmacy students attending a suite of open days and formal meetings where we have advocated the roles of hospital pharmacists to prospective new colleagues. Additionally this year we welcomed extra student observers from all of the NSW institutions to attend our meetings which, aside from this being a challenge for me to figure out who was on line, also presented us the opportunity to further our reach to potential new members.

Of note in 2015 has been the growing national momentum for expanded technician roles. I’m pleased that the NSW Branch is able to provide greater learning opportunities to technicians and I urge all of us to think creatively about how these vital roles can be expanded to ultimately enable us to provide better care for our patients. The Branch Committee is certainly looking forward to increasing the technician membership in 2016 to this end.

Finally I wish to thank the hard work of the Branch Committee who volunteer their time to deliver high quality CE to our members frequently. We welcome Kathryn Filipczuk and David Luo as our two new members elected at the Annual Branch Meeting and farewell and thank Zahid Ghous and Fiona Doukas who have played a vital role in setting up our CE programme structures and kept the Chair and the rest of the Committee on track! We especially wish to thank Karen Kaye whose term as a Federal Officer has ended. Karen dedicated many years to the Branch both as a NSW member and for the past 8 years as a Federal representative and her input and good judgement will be sorely missed.

So on behalf of the Branch I wish all our members a pleasant holiday period and we look forward to seeing you at events next year.
From the Editor....

Claire Fitzgerald

I would also like to welcome you to my final edition as well as the final edition for 2015. I don't know about you but for me the year has gone so fast!

I have really enjoyed being the newsletter editor this year for the NSW branch and I hope you've enjoyed the newsletters! Next year our new member Kathryn Filipczuk will be taking over the role of newsletter editor. Good luck Kathryn.....I know you will do an amazing job!

The full list of branch positions for 2016 is:

Chair - Russell Levy
Vice-Chair - Peter Barclay
Secretary - Kristin Xenos
Treasurer - Claire Fitzgerald
Newsletter Editor - Kathryn Filipczuk
Minutes Secretary - Rayan Nahas
Education Co-ordinator - David Luo
Education support - Wendy Huynh
Directors of Pharmacy Liaison Officer - Sally Nicolson
Federal member - Sasha Bennett
Federal member - Lisa Pont

This was going to be a brief Christmas edition but in the end we've had quite a lot of contributors. Some great reading with mainly an antibiotic theme which is timely given Antibiotic Awareness week was mid-November. Please read on for articles on HealtheNet roll out in NSW, Antibiotic Awareness week, CEC Antimicrobial Stewardship Forum and the SHPA Infectious Diseases Seminar.

Wishing you all a very Merry Christmas and a Happy New Year and I look forward to serving you on the SHPA branch committee again in 2016 in my new role as treasurer.
Contents

From the Chair 1

From the Editor....  2

Tech Talk 4

Rural Pharmacy News
- Perspective of a pharmacist new to rural life 4

Antibiotic Awareness Week 5

HealtheNet is live across NSW Health public hospitals 6

CEC – Antimicrobial Stewardship Forum
Friday 4th September – The Mint 7

SHPA Infectious Diseases Seminar Perth
August 2015 8

SHPA Student awards 8

UTS Pharmacy Gala Dinner
Wednesday 21st October 2015 9

Continuing Education in 2015 10

Latest from NPS MedicineWise 11

Latest from CIAP 12

Australian Don't Rush to Crush Handbook 12

Welcome to new SHPA members 13

CRGH directions 15

Hospital map 16
Tech Talk

Melanie Anderson and Fawn Birch - NSW Branch Technician Observers

What a great year 2015 has been for technicians in SHPA. We have had many new technician memberships approved which is a refreshing and exciting time for NSW SHPA.

Our technician specific continuing education sessions have been received really well this year with some fantastic presenters and some interesting topics covered. The last session for 2015 was held on Wednesday 18th November at John Hunter Hospital in Newcastle and was streamed via the webinar conferencing system across the country. Our presenter was Jane Gillard and she spoke on Intestinal Failure. Some great points to take away when understanding how each of the drugs used in this situation can help our patients have a more positive outcome with their own individual situations. Don’t forget if you miss a session or are unable to attend the CE’s for technicians or pharmacists, they are all available to watch at a later date on the SHPA website.

The NSW SHPA technician CE calendar is taking shape for 2016 with presentations scheduled at Wollongong, Sydney and Newcastle. Hopefully this will enable a wider audience participation in person and all will be available via webinar. On a national front we are preparing a regular monthly rotating technician CE where each state will participate to enable a more structured benefits to our members. These will also be able to be attended in person and on webinar on the night and at a later stage on the SHPA website.

We are happy to take on suggestions of how we can improve and cater to your membership needs, so please contact us if you have any thoughts.

We would like to wish you and your families a happy festive season and hope you manage a nice break where you can. We look forward to a busy and engaging 2016

Rural Pharmacy News - Perspective of a pharmacist new to rural life

Alex Kusiak, Clinical Pharmacist, Broken Hill Hospital

After finishing my intern year in metropolitan Melbourne, I decided to make the move to the country. Rural health was always something that had interested me and I thought early in my career was a good time to take the plunge and see what life was like outside of the city. To say that I was unprepared for life in Broken Hill is a bit of an understatement.

Since making the move 7 months ago, I’ve certainly faced my fair share of challenges and steep learning curves. One of the hardest things to deal with is the limited amount of resources available given the location. With the closest major town being 300km away and the closest referral centre being across state lines, it has made me redefine my understanding of ‘making the most of what you have’; adaptability is certainly something I’ve gained three-fold. Practicality and being able to compromise has also become essential, especially when you’re discharging a patient home with medications hoping they’ll be reviewed by their GP in a week’s time, but their GP is the RFDS clinic run once a week and their medications can only be delivered by post!

Patient demographic is also quite varied compared to the city. Being a small community, most of your patients know each other, are related, or are related to or know staff members, so confidentiality is really important and sometimes difficult to maintain. Others live anywhere from 30 minutes to 3 hours out of town, working anywhere from stations to mines, so you can imagine the interesting presentations that are seen from time to time (I have a new-found respect for the native wildlife, that’s for sure).

Probably the most unexpected thing I found moving out here was how friendly and inviting everyone has been. From the week I started I was signed up for the local footy and netball teams, playing trivia on a weekly basis and have ended up with a more active social life than when I was living in the city! Plus the countryside isn’t too bad to look at either; in fact, it’s pretty spectacular (although the promise of snakes still terrifies me!).

For what it’s worth I’m enjoying my time in outback NSW. I definitely never expected to end up here but I’m glad I did: every day is surprising, challenging, frustrating but also a bit of fun.

Photo - view of Mundi Mundi Plains, Broken Hill
Antibiotic Awareness Week

Kristin Xenos, NSW SHPA Branch Member and AMS Pharmacist at Westmead Pharmacy

Antibiotic Awareness Week (AAW) is a global initiative supported by the World Health Organisation, Australian Commission on Safety and Quality in Health Care and the NSW Clinical Excellence Commission. In June 2015, the Australian Government released the first National Antimicrobial Resistance Strategy to guide the response to the threat of antibiotic misuse and resistance. The strategy focuses on measures to prevent antibiotic resistance as well as decrease inappropriate use of antibiotics across all sectors where antibiotics are used.

The theme for the week was "Antibiotics: handle with care". Hospitals around NSW were encouraged to take part in Antibiotic Awareness Week, to help raise awareness of the problem of antibiotic resistance and ways to address this issue. Antibiotics are losing their power as bacteria develop resistance against the antibiotics used to treat them.

At Westmead Hospital the Antimicrobial Stewardship Committee engaged in many activities during Antibiotic Awareness Week. A hospital wide point prevalence survey (NAPS) was conducted for Westmead, Blacktown and Auburn Hospitals to assess the appropriateness of antimicrobial prescribing; tutorial sessions were run with the Pharmacy Department; new posters were displayed around the hospital; we engaged with social media and most importantly with the coffee shop across the street of Westmead Hospital to improve our consumer profile. Perhaps the most important activity of the week were the yummy goods baked and distributed to promote AAW, those CASI cupcakes at Concord looked delicious.

There was a flurry of activity on twitter and Facebook. The tags #AntibioticResistance #AbxAus #AAW2015, @the_shpa, @NSWCEC, @NCAS_Aus, @ACSOHC and @NPSMedicineWise were trending all week.

Whilst AAW comes but once a year it is an issue that demands our constant efforts as healthcare professionals and as a community. It is an issue relevant not just to pharmacists and doctors but to the wider community, Australia and the rest of the world. Keep the dialogue open with your colleagues, patients, friends and families because the more people are informed about the real and present dangers of antibiotic resistance the better chance we have to preserve the miracle of antibiotics.
HealtheNet is live across NSW Health public hospitals

Steve Badham, Change Manager, HealtheNet, eHealth NSW

In NSW, a patient’s health information is often spread across a vast number of different locations and incompatible computer systems. HealtheNet is an eHealth NSW program that connects these disjointed systems.

HealtheNet provides NSW Health clinicians with secure and immediate access to an aggregated summary view of a patient’s recent medical history from across all NSW Local Health Districts (LHDs) and a patient’s national Personally Controlled eHealth Record (PCEHR) via the HealtheNet Clinical Portal.

The HealtheNet Clinical Portal

The HealtheNet Clinical Portal is a view-only web-based portal that can only be accessed via a link in a patient’s record in a NSW Health electronic medical record (eMR). It provides clinicians with access to patient information that exists outside of their local eMR, including:

- Statewide discharge summaries from NSW public hospitals
- Statewide radiographic images and reports
- Statewide hospital encounter history information from Emergency, Inpatients and Outpatients departments
- Statewide patient identifiers from NSW public hospitals and a patient’s national Individual Healthcare Identifier (IHI)
- NSW Community Health Services episodes of care information
- National Personally Controlled eHealth Record (PCEHR) information, where a patient has a PCEHR

Support for clinical decisions by making summarised clinical history available 24x7 as part of normal workflow.

What does HealtheNet mean for patients?

- Improved experience of the health system by making key health information available where and when it is needed, helping to reduce the reliance on a patient’s memory and reducing duplicate tests and procedures
- Improved security and privacy of patient information exchange through reducing paper based processes
- Patient centred history and better patient access to their health information (via the PCEHR consumer portal).

Where to get more information:

- For information on the national PCEHR, including how to register for your own record, visit: www.ehealth.gov.au
- Email HealtheNet Change Team if you have a question on EHNSW-HealtheNet@health.nsw.gov.au

HealtheNet is live across NSW Health public hospitals

Where does HealtheNet share patient information?

HealtheNet is helping to improve communication between hospitals, community and private healthcare settings by sharing patient information electronically and securely with 3 places:

1. A patient’s nominated GP electronically via secure messaging
2. The HealtheNet Clinical Portal for access by NSW Health clinicians with an eMR connected to HealtheNet
3. A patient’s national Personally Controlled eHealth Record (PCEHR), if they have one.

What does HealtheNet mean for NSW Health clinicians and hospital pharmacists?

- Access to an aggregated list of allergies and adverse reactions from NSW Health discharge summaries
- Access to previously unavailable information in the PCEHR, where available, such as the Pharmaceutical Benefits Scheme (PBS) list of medications from Medicare, and prescription and dispense medication records from general practice and community pharmacies in the National Prescription and Dispense Repository (NPDR)
- Less time spent chasing patient information from hospitals in other LHDs
The NSW SHPA Branch bulletin issue 4 2015

CEC – Antimicrobial Stewardship Forum
Friday 4th September – The Mint

Kristin Xenos, NSW SHPA Branch Member and AMS Pharmacist at Westmead Hospital. With thanks to Kate Callaghan and Evette Buono from the CEC.

On the 4th of September 2015 the inaugural Antimicrobial Stewardship Forum was held at the Mint in Sydney. There were 100 forum attendees; half of them were in pharmacist roles, a quarter were doctors and the remainder were nurses or in quality & safety roles. The pharmacists in attendance fulfilled a variety of roles including AMS/ID, managerial roles, directors, QUM and clinical roles. The majority of doctors in attendance were ID or medical microbiologists, yet there were many other medical administrators, specialists and JMOs. Of those who actively practice in hospitals 63% were from metropolitan NSW, 30% from rural NSW and 7% were interstate.

The aims of the event were to share knowledge, experience, foster support and collaboration. We heard from Prof John Turnidge about Antimicrobial Use and Resistance in Australia. Dr Rod James discussed the results of the recent National Antimicrobial Prescribing Survey (NAPS). There were presentations from St George Hospital and Manning Base hospital on how National Antimicrobial Utilisation Surveillance Program (NAUSP) reports inform their AMS efforts. We then heard from speakers from different hospitals and their experiences with the 5 by 5 audit. Lucy Nair spoke about Westmead Hospital, Megan Orr about Shoalhaven and Derek Kay from Bathurst. The day ended with a preview into the exciting new times of electronic medication management and where AMS fits into it. Louis Cheung and Andrew Hargreaves gave an excellent insights.

It was wonderful to be in a room full of like-minded individuals, experiencing the same day to day challenges (from ceftriaxone overuse to surgical prophylaxis duration of therapy) and learning from each other. An emerging theme from the day was the importance of challenging misconceptions, whether that is rationalising antibiotics started in emergency or engaging with a prescriber that may not have the most up to date information.

From the evaluation forms completed after the forum, 100% of people agreed or strongly agreed that their attendance was worthwhile and would attend another event if it were held. This bodes well for similar events in the future. The CEC Quality Use of Antimicrobials in Healthcare program would like to hold another AMS Forum in 2016, however this will be dependent on the availability of funding and other resources. Any future forums are likely to be held in Sydney, as this is the most accessible location for the majority of health professionals in our NSW local health districts and networks.

Thank you to the CEC for organising such a wonderful event.

Look up #AntimicrobialStewardship & @NSWCEC on twitter for photos from the day.

An event overview and the presentation slides from the day are available from - http://www.cec.health.nsw.gov.au/programs/quah
Matthew Rawlins, ID pharmacist, Fiona Stanley Hospital

One fine late winter’s weekend, 100 enthusiastic delegates and tutors gathered at a central Perth Hotel to learn about, or refresh their knowledge of infectious diseases, WA-style. For local delegates it was a chance to reacquaint with colleagues and friends after the formation of a new public hospital in Perth, and for rural and interstate delegates a chance to travel and learn and interact in a different setting.

The Introductory Seminar in Infectious Diseases has been run in different locations around Australia annually since 2012. The original plan by the ID COSP Organising Committee was to run a couple of these introductory-level meetings and progress to introductory and advanced seminars when able. The explosion of interest in ID and antimicrobial stewardship means that five years later, we are now preparing for the introductory seminar in South Australia next August.

The format of the ID seminar is 45 to 60 minute lectures followed by breakout into groups of 9 or 10 to go through case scenarios related to the preceding presentation. These tutorial-style discussions are designed to encourage interaction in smaller groups and are facilitated by experienced tutor volunteers. This popular format meant that the Perth seminar was sold out, with a waiting list, several months prior to the event.

The seminar contains several core topics comprising: introductions to ID and the microbiology laboratory, gram-positive, gram-negative and fungal infections along with antimicrobial therapeutic drug monitoring and pharmacokinetics/pharmacodynamics. There is also a discretionary topic, which was the management of chest infections at the Perth seminar. This was an entertaining presentation from Ben Clark, a local ID physician who made a plea to the audience to take a good patient history to establish risk factors for infection. His patient who juggled parrots for a hobby illustrated this point perfectly.

The feedback from the event was extremely positive and the food was fantastic. I would like to thank my co-convener Jason Seet, all the hard-working volunteer tutors, the excellent presenters and of course the delegates for making the Perth seminar such a success. I wish Vaughn and the SA crew well with the seminar next year.

SHPA Student awards

University of New England

Third year prize awarded to Mr Spili Gektakis for best combined marks in Applied Pharmacotherapeutics I and Applied Pharmacotherapeutics II

Fourth year prize awarded to Ms Jessica Bowman for the best results in Applied Pharmacotherapeutics III

University of Technology Sydney

Mr Giuseppe Raso

Final Year UTS Master of Pharmacy, recipient of SHPA NSW Branch Prize for Excellence in Clinical Practice

Russell Levy (left) with recipient Giuseppe Raso
During the second last week of October was the annual UTS Pharmacy Gala Dinner, the UTS pharmacy event of the year which brings together members of the profession to recognise innovation, meet with UTS Master of Pharmacy students - the pharmacists of the future and to recognise innovation through the Innovative Pharmacist of the Year Award - an award sponsored by AstraZeneca.

This year’s winner of the Innovative Pharmacist of the Year Award was Swarup Afsar from Pharmacy 777 in Western Australia for his innovative Mental Health Module in Community Pharmacy. Swarup’s innovation was around implementing a counselling service that provides; solution focused psycho-dynamic therapy, cognitive behavioural therapy and hypnotherapy. Mr Afsar said “his innovation is continuing to improve mental health experienced by a whole spectrum of patients – from newly diagnosed diabetics, sleep apnoea sufferer’s to FIFO workers and their partners, and of course people having prescriptions for anti-depressants”.

The event was particularly timely, especially as the pharmacy profession goes through a time of unprecedented change. UTS: Pharmacy used the night to reward and celebrate those pharmacists who are moving away from the traditional dispensing and supply model of practice by developing innovative new service based models which will better engage with patients.

In keeping with the night’s theme of innovation, Professor Charlie Benrimoj, head of the Graduate School of Health, unveiled the new Master of Pharmacy (International) degree at the event. The Master of Pharmacy (International), to be delivered in 2016, is the first of its kind in Australia and is intended to produce a new kind of pharmacy graduate.

Accredited by the Australian Pharmacy Council, the program is unique in that it offers students an integrated one-year international clinical placement in advanced practice sites and puts Australian students on the world stage. Students gain an increased awareness of the health systems and cultural and socioeconomic factors that influence pharmacy practice and the health care profession.

UTS Deputy Vice-Chancellor and Vice-President (International and Advancement), Professor William Purcell, an attendant on the night said, “the new degree is an innovative response to demand from students for immersive international placement experiences. The program provides an exciting opportunity for ambitious high-achieving students to gain a competitive edge in the Australian and global markets.”

UTS: Pharmacy is innovative in its research and teaching and the unique teaching methods that integrate the two. The new Master of Pharmacy (International) and the gala dinner is part of the UTS strategic plan to provide practice-based education and produce graduates who have international experience that will enhance their career opportunities, employability and global competitiveness.
Wendy Huynh - Education Coordinator

The NSW Branch monthly continuing education (CE) program for 2015 finished with great success and fantastic feedback. This year, we saw an increased level of interest, attendance, both face-to-face and via webinar.

This year’s CEs have seen an average of over 100 attendees with positive feedback on the high quality of speakers and presentations. Again, we strongly encourage members to complete the evaluation surveys as they provide helpful and valuable insight into what to plan for future education events. The education sub-committee is also responding to numerous feedbacks for changing the venue of our metropolitan CEs and are investigating other alternatives for the latter half of 2016.

The new Redback Conferencing webinar system continues to allow rural and regional members to participate live in CE sessions. We hosted a total of six CEs in regional areas (Gosford and Newcastle) and afforded metropolitan members the opportunity to experience webinar. Both regional sites saw over 60 attendees, inspiring future planning to provide local CEs in rural/regional areas including Dubbo and Wollongong.

Although overall we have received positive feedback about Redback Conferencing, if members are experiencing difficulty with the webinar quality, please check your internet connection and speed as this will most likely affect your experience.

A reminder to our members that ‘CE on Demand’ now replaces ‘CE on Disk’ as of the beginning of 2015. All CEs are recorded and uploaded onto eCPD (Moodle – CE on Demand) one month after the CE so even if you are unable to attend/webinar on the night, you won’t miss out.

With planning for 2016 already underway, we’re looking forward to continuing to provide our members with the same quality and variety of education opportunities.

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<tr>
<th>Date</th>
<th>Topic</th>
<th>Speaker</th>
<th>Venue</th>
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<tbody>
<tr>
<td>24/02/16</td>
<td>Neurology - ALS/Motor Neurone Disease</td>
<td>Dr Nim Gheevasinga</td>
<td>Concord Hospital</td>
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<tr>
<td>23/03/16</td>
<td>Palliative Care – Renal and Liver Failure</td>
<td>Dr Andrew Broadbent</td>
<td>Concord Hospital</td>
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<td>27/04/16</td>
<td>Dermatology - Topical treatments</td>
<td>A/Prof Fernandez Penas</td>
<td>Concord Hospital</td>
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<tr>
<td>25/05/16</td>
<td>Microbiology - Catheter Infections</td>
<td>A/Prof Cynthia Whitchurch</td>
<td>Concord Hospital</td>
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Fourth Wednesday of each month

Email alert with topic details sent to members prior to meeting

Time: 7.00 – 8.00pm (refreshments served from 6.30pm)

Venue: Auditorium, Medical Education Centre, Concord Hospital, Hospital Road, Concord NSW. Entry is direct from Hospital Rd – not through main hospital entrance. Please refer to the end of this newsletter for directions to Concord Hospital and a map of the hospital.

Cost: Free for all SHPA (please bring your membership card). Students please bring your student cards.

$40 for all non-members. Membership will be checked.

RSVP: Not required.

Contact: Wendy Huynh - Wendy.Huynh@sswahs.nsw.gov.au

Suggestions for future topics and changes to format are welcome, please contact Wendy Huynh
Upcoming Seminars

<table>
<thead>
<tr>
<th>Seminar</th>
<th>Date</th>
<th>Location</th>
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<tr>
<td>Clinical Pharmacy Practice Seminar</td>
<td>19-21 February 2016</td>
<td>Brisbane, Qld.</td>
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<tr>
<td>Evidence Based Practice Seminar</td>
<td>13-14 February 2016</td>
<td>Sydney, NSW</td>
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<tr>
<td>Emergency Medicine Seminar</td>
<td>5-6 March 2016</td>
<td>Melbourne, VIC</td>
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<tr>
<td>Oncology Seminar (foundation)</td>
<td>12-13 March 2016</td>
<td>Perth, WA</td>
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Upcoming Conferences

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<tr>
<td>Ottawa Conference 2016 and Australian &amp; New Zealand Association for Health Professional Educators</td>
<td>19-23 March 2016</td>
<td>Perth, WA</td>
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<tr>
<td>SDPP 2016: Oncology Pharmacy Practice: a Global Perspective</td>
<td>17–20 April 2016</td>
<td>Santiago, Chile</td>
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<tr>
<td>Medicines Management 2016, the 42nd SHPA National Conference</td>
<td>17-20 November 2016</td>
<td>Perth Convention and Exhibition Centre, WA</td>
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Please visit the SHPA website for more information.

Latest from NPS MedicineWise

NPS RADAR – Evidenced based information on new therapies

Latest radar includes:
- Editorial: Gout: treating an old problem
- Changes to the National Cervical Screening Program
- Febuxostat (Adenuric) for chronic symptomatic gout
- Brief item: PBS listing extended for Apixaban (Eliquis)
- Brief item: Exenatide triple therapy, an option for type 2 diabetes add-on treatment
- Brief item: New supply arrangements for some S100 medicines
- Brief item: MBS item number changes for vitamin B12, folate and vitamin D tests

NPS Medicinewise news

Medicinewise News provides health professionals with up-to-date, succinct and independent information on therapeutic topics and related issues.

The September issue discusses preventing bone fractures in osteoporosis.

The November issues discusses bites and clenched fist injuries and whether antibiotics are required.


NPS Direct – Monthly e-newsletter

August 2015 edition topics include:
- Risperidone: increased risk in dementia patients
- Tramadol oral drops: not for children under age 12
- Fast five: Resources to help manage GORD with PPIs
- Resources for patients with chronic pain

September 2015 edition topics include:
- Risk of diabetic ketoacidosis with SGLT2 inhibitors
- Fit for surgery: managing iron deficiency
- CT and kids: new website hosts resource
- Be Medicinewise Week is coming
- Fast five: Drug misuse

October 2015 edition topics include:
- Codeine overdose on the rise in Australia
- National Cervical Screening Program: changes ahead
- Pain specialist advice: managing chronic pain
- GP survey results for Medicines in Older People program
- Fast five: Being Medicinewise at all life stages

http://www.nps.org.au/publications/health-professional/nps-direct

NPS Case Studies -

There are a range of case studies currently available on the NPS website. They are accredited for CPD Group 2 points for pharmacists.

Have a look on the website and see which case study will help achieve your CPD goals

http://www.nps.org.au/health-professionals/cpd/case-studies
Australian Medicines Handbook (AMH) Aged Care Companion

The online version of the AMH Aged Care Companion has been updated. Along with some content updates, this release incorporates a new appendix called Inhaler devices, which contains a simple diagrammatic guide to currently available inhaler devices to assist in individualising the choice of a suitable inhaler device for an older person. Also included are links to sources for both video and written instructions on how to use each inhaler type.

You can find AMH Aged Care Companion through ‘Medications’ in CIAP’s left menu.

Newsletters

November newsletter: Focus on .... Rehabilitation
October newsletter: Focus on ....Community Health
September newsletter: Focus on....Diabetes

Australian Don’t Rush to Crush Handbook

Therapeutic options for people unable to swallow solid oral medicines

Don’t Rush to Crush is included in Pharmacy Board of Australia’s list of essential references for pharmacy practice. The new guidelines take effect from 7 December 2015 so order your copy now.

The second edition of Don’t Rush to Crush is expanded and improved and has many new features. It is available as a hard copy now and will soon be available in a range of electronic formats and platforms. The new electronic version will be available through MIMS soon and a downloadable e-book will be available for the first time in 2016.

Don’t Rush to Crush webinar and CPD

Keli Symons, Publications Pharmacist at SHPA, presented a webinar on 29 October to members, to describe and introduce the second edition of SHPA’s publication the Australian Don’t Rush to Crush Handbook.

A recording of the webinar is now available to view online. View the webinar to learn about
- the structure of the book
- the guiding principles
- what not to do
- your options
- how to do it—best practice

and there is also an associated CPD activity to help you get to know Don’t Rush to Crush better.
Welcome to new SHPA members
The NSW SHPA Branch welcomes the following new members. We look forward to working with you in the future.

<table>
<thead>
<tr>
<th>First Name(s)</th>
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<tbody>
<tr>
<td>Anwa</td>
<td>Abu Sardaneh</td>
<td>Student</td>
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<tr>
<td>Melanie</td>
<td>Akhas</td>
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<td>Ali</td>
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<td>Ata Ul</td>
<td>Bari</td>
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<td>Sinthia Zrinka</td>
<td>Bosnic-Anticevich</td>
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<td>Bruce Hamish Oswald</td>
<td>Bowden</td>
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<td>Ellie Maree</td>
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<td>Irena</td>
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By Bus
Two bus routes provide easy access to Concord Hospital from Strathfield Station at Everton Rd Stand D - North Side.

458 Ryde to Burwood via Rhodes, Concord Hospital, Concord West, North Strathfield and Strathfield Station. This bus stop is near Gate 3 on Hospital Rd.

459 Macquarie University to Strathfield via Concord. This bus stop is on Concord Rd a short walk from the Hospital.

By Train
From the City, trains run to Rhodes via the Northern Line. Concord Hospital is approximately 1 km walk from Rhodes Train Station.

Trains also run frequently to Burwood or Strathfield. As above, buses run from both stations.

By Car
The Hospital is located on Hospital Rd which is off Concord Rd.

The car park is located on Hospital Rd. Parking costs $5. Disabled parking is available.

By Foot
The hospital is surrounded by parkland and is a 15 minute walk from Rhodes Station.

Disabled Access
Both bus routes provide wheelchair access. Contact 131500 for specific details.

Coming from Rozelle: Bus 440 to City. Train from Central Station to Rhodes Station then walk to hospital.
Bus L20 from Victoria Rd (nr Darling St) to West Ryde. West Ryde Train Station to Rhodes then walk to hospital.
Bus 318 from Victoria Rd (nr Darling St) to Ryde. Bus 458 to Concord Hospital.
Bus 507 from Victoria Rd (nr Darling St) to Putney, Morrison Rd (Nr Church St). Walk 168m to Church St (Nr Simpson St). Bus 459 to Concord Hospital.

Coming from Leichhardt: Buses 436,437,438 to City from Leichhardt Town Hall to Central Railway or Town Hall Station. Train to Strathfield. Buses 458 or 459 to Concord Hospital.

Coming from Ashfield: Train from Ashfield Station to Strathfield Station. Train from Strathfield to Rhodes then walk to hospital. Or Bus 458 or 459 to Concord Hospital.

Coming from Glebe: Bus 433 from Glebe Point Rd (Nr St Johns Rd) to Sydney, George St (Nr Bathurst St). Walk to Town Hall Station. Train to Rhodes then walk to hospital.

Coming from Camperdown: Bus 483 from Annandale, Parramatta Rd (Nr Mallett St) to Railway Square, George St. Walk to Central Station. Train to Rhodes Station then walk to hospital.

Coming from Canterbury: Bus 471 from Canterbury, Jeffrey St (Nr Robert St) to Ashfield, Hercules St (Nr Ashfield Station). Walk to Ashfield Station. Train from Ashfield Station to Strathfield Station. Take bus 458 or 459 to Concord Hospital.

Coming from Balmain: Bus 441 from Balmain, Montague St (Nr Darling) to QVB, York St Stand D. Walk to Town Hall Station. Train from Town Hall Station Rhodes Station then walk to hospital.

Coming from Burwood: Bus 458 from Burwood, Burwood Rd (Nr Westfield Shopping Centre) to Concord West, Hospital Rd.

Coming from Strathfield: Bus 458 or 459 to Concord. Or train to Rhodes then walk to hospital.

Coming from Bankstown, Liverpool or Campbelltown: Train from Bankstown to Strathfield. Train from Strathfield to Rhodes then walk to Hospital. Or Bus 458 or 459 to Concord.